

APA 7th Edition Referencing Guide

Australia 2026

In-Text Citations · Reference Lists · Journal Articles · Books · Websites
Government Reports · DOIs · AI Tools · Australian-Specific Rules · 20
Worked Examples

In-Text Citations

Journal Articles

Books & Chapters

Websites & Reports

DOIs & URLs

AI & New Media

Produced by the AssignPro Solution Academic Team
assignprosolution.com

Australian English | 2,500+ Words | 20+ Worked Examples | Updated July 2026

Quick Summary

APA 7th Edition (American Psychological Association, 7th edition) is the most widely used referencing style at Australian universities. It is required in Business, Psychology, Social Sciences, Nursing, Education, Health Sciences, and many other disciplines. This guide covers every core rule — in-text citations, reference list formatting, and worked examples for every major source type — with Australian-specific guidance and 2026 updates including AI tool citation.

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1. What Is APA 7th Edition and Who Uses It in Australia?

The Publication Manual of the American Psychological Association, 7th edition (APA 7), published in 2019, is the current standard for academic referencing across a broad range of disciplines at Australian universities. It replaced APA 6th edition, which was retired in 2020. If your unit guide specifies 'APA' without a version number, assume APA 7th edition — APA 6 is no longer accepted at most Australian institutions.

APA 7 uses an **author-date citation system**: sources are cited within the text using the author's surname and the year of publication, and full details are provided in a reference list at the end of the document. This allows readers to locate the full source without interrupting the flow of reading.

1.1 Disciplines Using APA 7 at Australian Universities

Discipline	APA 7 Used?
Business, Management, Commerce	Yes — standard across most Australian business schools
Psychology	Yes — APA's home discipline
Social Sciences (Sociology, Political Sc.)	Yes
Education	Yes
Nursing and Health Sciences	Yes — some schools use Vancouver; check your unit outline
Social Work	Yes
Communication and Media Studies	Yes
Law	No — AGLC 4th Edition
Engineering and Computer Science	No — IEEE
Humanities and History	No — Chicago / Turabian

Important: Always confirm the referencing style for each individual unit by reading your unit outline. The faculty or school level default may differ from what your specific unit requires. When in doubt, email your unit coordinator in writing and keep their reply.

2. The Two Components of APA Referencing

Component	Where It Appears	Purpose	Example
In-text citation	Within the body of your assignment, immediately after the cited material	Attributes the idea to its source without interrupting reading flow	(Smith, 2023)
Reference list entry	At the end of the assignment, on a new page titled 'References'	Provides full bibliographic details so the reader can locate the source	Smith, J. A. (2023). Title of work. Publisher.

Key Rule: Every source cited in your text must have a matching entry in your reference list. Every entry in your reference list must be cited at least once in your text. A mismatch between the two is one of the most common APA errors in Australian assignments.

3. In-Text Citations — Core Rules

3.1 Author Count Rules

Number of Authors	In-Text Format	Example
1 author	(Surname, Year)	(Smith, 2023)
2 authors	(Surname & Surname, Year)	(Smith & Jones, 2023)
3+ authors	(First Surname et al., Year)	(Smith et al., 2023)
Organisation	(Organisation Name, Year)	(APA, 2020)
No author	(Title of Work, Year)	(Style Manual, 2002)
No date	(Surname, n.d.)	(Brown, n.d.)

3.2 Narrative vs Parenthetical Citations

APA 7 distinguishes between two citation formats. Both are correct — choose the one that fits your sentence structure.

Type	Format	Example
Parenthetical (most common)	Author and year both in parentheses at end of clause	Emotional regulation is central to workplace performance (Smith, 2023).
Narrative	Author's name in the sentence; year in parentheses immediately after	Smith (2023) argues that emotional regulation is central to workplace performance.

3.3 Direct Quotes — Page Numbers Required

When you quote an author's exact words, APA 7 requires the page number (or paragraph number for sources without pages) in addition to author and year.

Parenthetical: "Emotional regulation is the foundation of professional effectiveness" (Smith, 2023, p. 47).

Narrative: Smith (2023) contends that "emotional regulation is the foundation of professional effectiveness" (p. 47).

No page number: (Smith, 2023, para. 3) or (Smith, 2023, Introduction section)

Expert Tip: Direct quotes should be used sparingly in Australian university assignments. Over-quoting — more than 10% of your assignment in direct quotes — typically reduces marks for critical engagement and own voice. Paraphrase wherever possible; cite the source with author and year (no page number needed for paraphrases).

3.4 Secondary Sources (Citing a Source You Found in Another Source)

If you read about Smith's (2020) argument in a book by Jones (2023), you are reading a secondary source. APA 7 requires you to cite the secondary source (Jones) in text and list Jones in your reference list. You do not list Smith unless you have read the original source directly.

In-text: (Smith, 2020, as cited in Jones, 2023)

Reference list: List only Jones (2023) – the source you actually read.

Note: Use secondary citations sparingly. Locate and read the original source wherever possible.

4. In-Text Citations — Worked Examples

Scenario	Correct In-Text Citation
One author, paraphrase	(Walker, 2022)
Two authors, paraphrase	(Walker & Chen, 2022)
Three authors, first and subsequent citations	(Walker et al., 2022) — et al. from the first citation for 3+ authors
Direct quote, single author	(Walker, 2022, p. 14)
Direct quote, no page number (webpage)	(Walker, 2022, para. 2) or (Walker, 2022, Findings section)
Organisation author, first citation	(Australian Bureau of Statistics [ABS], 2023)
Organisation author, subsequent citations	(ABS, 2023)
No author — use title (italicise if book/report; quote if article)	(Style Manual, 2002) or ("Referencing guide," 2021)
No date	(Brown, n.d.)
Multiple sources in one citation (alphabetical order)	(Chen, 2021; Smith, 2023; Walker, 2022)
Same author, same year — differentiate with a, b, c	(Jones, 2023a) and (Jones, 2023b)
Personal communication (email, interview — cite in text only, not reference list)	(J. Smith, personal communication, March 14, 2024)

5. Reference List — Formatting Rules

Rule	Requirement
Page heading	'References' — centred, bold, on a new page
Order	Alphabetical by first author's surname
Indentation	Hanging indent: first line flush left, subsequent lines indented 1.27 cm (0.5 inch)
Line spacing	Double-spaced (in formal publications); single-spaced with space between entries acceptable in many Australian assignments — check your unit outline
Author format	Surname, Initials. — e.g. Smith, J. A.
Multiple authors	List all authors up to 20; for 21+, list first 19, ellipsis (...), then final author
Year	In parentheses immediately after author(s). Period after the closing parenthesis.
Title capitalisation (article/chapter)	Sentence case — only first word and proper nouns capitalised
Title capitalisation (journal/book/report)	Title case — main words capitalised; italicise the title
DOI format	https://doi.org/xxxxx — not 'doi:' prefix
URL	Include when no DOI is available. Do not add 'Retrieved from' unless an access date is needed.
Access date	Only required for sources likely to change (wikis, social media). Not needed for stable journal articles.

Key Rule: The APA 7 reference list uses sentence case for article and chapter titles, and title case for journal, book, and report titles. This is the single most common capitalisation error in Australian student reference lists.

6. Journal Articles — Reference List Examples

Peer-reviewed journal articles are the most important source type for Australian university assignments. The APA 7 format for a journal article is:

Author, A. A., & Author, B. B. (Year). Title of article in sentence case.

Journal Name in Title Case and Italics, Volume(Issue), Page-Page.

<https://doi.org/xxxxx>

Worked Examples — Journal Articles

One author, with DOI

Smith, J. A. (2023). Corporate governance failures in Australian banking. *Australian Journal of Management*, 48(2), 112-134. <https://doi.org/10.1177/0312896221234567>

Two authors, with DOI

Smith, J. A., & Jones, R. B. (2022). Emotional regulation in nursing practice. *Journal of Advanced Nursing*, 78(4), 889-901. <https://doi.org/10.1111/jan.15100>

Three or more authors

Walker, C. D., Chen, L., & Brown, M. E. (2021). Climate policy implementation in Australia. *Australian Journal of Public Administration*, 80(3), 445-462. <https://doi.org/10.1111/1467-8500.12489>

Article with no DOI, with URL

Davis, P. (2020). Workforce diversity in Australian law firms. *Law Society Journal*, 58(6), 44-47. <https://www.lawsociety.com.au/journal/2020/june>

Article with no DOI, no URL (print journal)

Taylor, S., & Robinson, A. (2019). Wellbeing in Australian schools. *Educational Psychology Review*, 31(1), 1-28.

Advance online publication

Harris, M. K. (2024). AI governance in Australian corporations. *Corporate Governance: An International Review*. Advance online publication.
<https://doi.org/10.1111/corg.12456>

7. Books and Book Chapters

BOOK FORMAT:

Author, A. A. (Year). *Title of book in italics: Subtitle in sentence case (Nth ed.)*. Publisher.

CHAPTER IN EDITED BOOK FORMAT:

Author, A. A. (Year). Title of chapter in sentence case. In E. Editor & F. Editor (Eds.),

Title of Book in Italics (pp. XX-XX). Publisher. <https://doi.org/xxxxx>

Single-author book

Brown, M. (2022). *Academic writing for Australian students* (3rd ed.). Melbourne University Press.

Two-author book

Anderson, J., & Poole, M. (2009). *Assignment and thesis writing* (4th ed.). John Wiley & Sons.

Edited book

Jones, R. B., & Davis, P. (Eds.). (2021). *Corporate governance in Asia-Pacific*. Routledge.

Chapter in edited book

Smith, J. A. (2023). Behavioural ethics in Australian workplaces. In R. B. Jones & P. Davis (Eds.), *Corporate governance in Asia-Pacific* (pp. 45-67). Routledge. <https://doi.org/10.4324/9781003201234>

Book with edition and DOI

Creswell, J. W., & Creswell, J. D. (2018). *Research design: Qualitative, quantitative, and mixed methods approaches* (5th ed.). SAGE Publications. <https://doi.org/10.4135/9781506386096>

E-book (no DOI — include URL or database name)

Walker, C. D. (2020). Environmental law in Australia. ProQuest Ebook Central.
<https://ebookcentral.proquest.com>

8. Websites, Webpages, and Online Reports

WEBPAGE FORMAT:

Author, A. A. (Year, Month Day). Title of page in sentence case. Website Name.

<https://www.example.com>

Note: Include the date (year only, or full date if the page is regularly updated).

Include 'Retrieved Month Day, Year, from URL' only for pages likely to change.

Webpage with individual author

Adams, R. (2023, September 12). Understanding Australian superannuation rules. MoneySmart. <https://moneysmart.gov.au/superannuation/understanding-super>

Webpage with organisation as author

Australian Bureau of Statistics. (2023). Consumer price index, Australia. <https://www.abs.gov.au/statistics/economy/price-indexes-and-inflation/consumer-price-index-australia>

Webpage with no author — use title

APA referencing guide. (2021). RMIT University Library. <https://www.rmit.edu.au/library/referencing>

Webpage with no date

Australian Psychological Society. (n.d.). Ethical guidelines for psychologists. <https://www.psychology.org.au/ethical-guidelines>

Webpage requiring retrieval date (content changes frequently)

Wikipedia. (2024). Referencing. Retrieved July 15, 2026, from <https://en.wikipedia.org/wiki/Referencing>

9. Government and Institutional Reports

REPORT FORMAT:

Author, A. A., or Organisation Name. (Year). Title of report in italics:
Subtitle (Report No. XX).

Publisher. <https://doi.org/xxxxx> or URL

Note: If the author and publisher are the same, omit the publisher to avoid repetition.

Government report — author same as publisher

Australian Institute of Health and Welfare. (2023). Australia's health 2023.
<https://www.aihw.gov.au/reports/australias-health/australias-health-2023>

Government report — report number

Productivity Commission. (2022). Mental health (Report No. 95). Australian Government. <https://www.pc.gov.au/inquiries/completed/mental-health/report>

Parliamentary report

Standing Committee on Health, Aged Care and Sport. (2021). Sick and tired: Casting a long shadow – Report on the inquiry into long COVID and repeated COVID infections. Parliament of Australia. <https://www.aph.gov.au>

Royal Commission report

Royal Commission into Aged Care Quality and Safety. (2021). Final report: Care, dignity and respect (Vol. 1). Commonwealth of Australia.
<https://www.royalcommission.gov.au/aged-care/final-report>

Australian Bureau of Statistics data

Australian Bureau of Statistics. (2021). Census of population and housing: Australia (Cat. No. 2001.0). ABS. <https://www.abs.gov.au>

10. Newspaper and Magazine Articles

NEWSPAPER FORMAT:

Author, A. A. (Year, Month Day). Title of article in sentence case. Newspaper Name, pp. XX-XX.

URL (for online articles)

Online newspaper article

Mitchell, S. (2024, March 15). RBA holds rates steady amid inflation concerns. The Australian. <https://www.theaustralian.com.au/business/rba-holds-rates>

Print newspaper article with page numbers

Walsh, P. (2023, June 8). Universities under pressure to address academic integrity. The Age, p. 3.

Magazine article

Chen, L. (2023, July). Australia's housing affordability crisis explained. The Monthly, 48-53.

11. Theses and Dissertations

THESIS FORMAT:

Author, A. A. (Year). Title of thesis [Type of thesis, Institution]. Database Name. URL

Type examples: Doctoral dissertation, Master's thesis, Honours thesis

PhD dissertation from institutional repository

Garcia, M. R. (2022). Corporate sustainability reporting in Australian mining companies [Doctoral dissertation, University of Melbourne]. Minerva Access. <https://minerva-access.unimelb.edu.au/handle/11343/12345>

Master's thesis

Lee, K. J. (2021). Burnout among Australian emergency nurses [Master's thesis, Monash University]. Monash University Research Repository. <https://bridges.monash.edu/articles/thesis/12345>

12. Conference Papers and Presentations

CONFERENCE PAPER FORMAT:

Author, A. A. (Year, Month Day–Day). Title of paper [Paper presentation]. Conference Name,

City, Country. <https://doi.org/xxxxx>

Conference paper presentation

Brown, C. D., & Smith, J. A. (2023, July 10–12). AI adoption in Australian healthcare [Paper presentation]. Australasian Conference on Information Systems, Melbourne, Australia. <https://doi.org/10.5130/acis.2023.1234>

Poster presentation

Nguyen, T. T. (2022, November 14–16). Retention strategies for regional nursing staff [Poster presentation]. Australian College of Nursing National Conference, Sydney, Australia.

13. Social Media

SOCIAL MEDIA FORMAT:

Author, A. A. [@username]. (Year, Month Day). Content of post up to 20 words [Source type].

Platform Name. URL

X (Twitter) post

Australian Government [@ausgovernment]. (2024, February 5). New funding announced for mental health services in regional Australia [Post]. X. <https://x.com/ausgovernment/status/123456>

LinkedIn post

Brown, C. D. (2023, October 12). Five key governance lessons from the Royal Commission [Post]. LinkedIn. <https://www.linkedin.com/posts/cbrown123456>

14. AI-Generated Content (2026 Update)

The APA Style website published guidance on citing AI-generated content. The core principle is that large language models (ChatGPT, Claude, Gemini, Copilot) are treated similarly to software — the model is the 'author', the prompt is retrievable context, and the output must be disclosed. However, **not all Australian universities permit AI-generated content in assignments**. Always check your unit's AI policy before using and citing any AI tool.

AI TOOL FORMAT (APA 7 / APA Style guidance):

OpenAI. (2024). ChatGPT (GPT-4 version) [Large language model]. <https://chat.openai.com>

IN-TEXT: (OpenAI, 2024)

For Anthropic's Claude:

Anthropic. (2024). Claude (Claude 3.5 Sonnet version) [Large language model]. <https://claude.ai>

Note: Include the specific model version when known. Include the date of the specific

conversation if required by your institution. Attach a transcript as an appendix

if required. Always check your institution's specific AI disclosure requirements.

Important: Many Australian universities have introduced AI Use Declarations as mandatory assessment components. Failure to declare AI use where required — or using AI in violation of the unit policy — constitutes academic misconduct under your institution's Academic Integrity Policy. Read the policy for every unit separately.

15. DOIs, URLs, and Access Dates

Rule	APA 7 Requirement
DOI format	Use full hyperlink format: https://doi.org/10.xxxx — not 'doi:' prefix (APA 6 style)
DOI vs URL	Always use the DOI when available. Use URL only when no DOI exists.
URL shorteners	Do not use URL shorteners (bit.ly, etc.) in references. Use the full, direct URL.
Broken URLs	Include the URL of the database home page if the article URL is unstable or behind a login
Access dates	Required only for sources likely to change (social media, wikis). Not required for journal articles, books, or stable reports.
'Retrieved from'	No longer required in APA 7 unless an access date is also included
Hyperlinks	APA 7 recommends keeping hyperlinks live (underlined, blue) in digital documents. Remove formatting for print submissions.

16. Common APA 7 Mistakes by Australian Students

Using APA 6 rules instead of APA 7

APA 6 required 'doi:' prefix, listed 'Running head:' in headers, required 'Retrieved from' before URLs, and listed only up to 6 authors before 'et al.' APA 7 changed all of these. If your reference list includes 'doi:', it is APA 6 format.

Incorrect capitalisation in article titles

APA 7 uses sentence case for article and chapter titles. Only the first word, the first word after a colon, and proper nouns are capitalised. 'The impact of Corporate Governance on Firm Performance' should be 'The impact of corporate governance on firm performance'.

Inconsistent author format

APA 7 requires Surname, Initial. — not Surname, First Name. Not 'Smith, John A.' — 'Smith, J. A.'

Missing page numbers on direct quotes

APA 7 requires page numbers (p. XX) or paragraph numbers (para. X) for all direct quotations. Many students omit this.

Mismatched in-text and reference list

Sources cited in text but absent from the reference list — or sources in the reference list never cited in text. Check both directions before submission.

Incorrect DOI format

APA 6 used 'doi:10.xxxx'. APA 7 requires 'https://doi.org/10.xxxx'. The full hyperlink format is mandatory.

Reference list not in alphabetical order

Entries must be alphabetised by first author's surname. When the same author has multiple works, order by year (oldest first). Same author, same year: add a, b, c after the year.

No hanging indent

APA 7 reference list entries use a hanging indent: the first line is flush left, and all subsequent lines are indented 1.27 cm. This is the default 'References' style in Microsoft Word (Format > Paragraph > Hanging indent).

17. APA 7 Quick-Reference Cheat Sheet

Source Type	In-Text	Reference List Key Elements
Journal article (1 author)	(Smith, 2023)	Smith, J. A. (2023). Article title. Journal Name, Vol(Issue), pp. DOI
Journal article (2 authors)	(Smith & Jones, 2023)	Smith, J. A., & Jones, R. B. (2023). Article title. Journal Name, Vol(Issue), pp. DOI
Journal article (3+ authors)	(Smith et al., 2023)	Smith, J. A., Jones, R. B., & Brown, C. D. (2023). Article title. Journal, Vol(Issue), pp. DOI
Book	(Smith, 2023)	Smith, J. A. (2023). Book title (Nth ed.). Publisher.
Book chapter	(Smith, 2023)	Smith, J. A. (2023). Chapter title. In A. Editor (Ed.), Book Title (pp. XX-XX). Publisher.
Webpage	(Organisation, 2023)	Organisation. (2023). Page title. Website Name. URL
Govt report	(ABS, 2023)	Australian Bureau of Statistics. (2023). Report title. URL
Newspaper	(Mitchell, 2024)	Mitchell, S. (2024, March 15). Article title. Newspaper Name. URL
Thesis	(Garcia, 2022)	Garcia, M. R. (2022). Thesis title [Doctoral dissertation, Institution]. Database. URL
AI tool	(OpenAI, 2024)	OpenAI. (2024). ChatGPT (GPT-4) [Large language model]. https://chat.openai.com

18. AssignPro Solution — Referencing Support

Referencing errors are among the most consistent sources of avoidable mark deductions in Australian university assignments. Getting referencing right requires both knowing the rules and applying them consistently under time pressure.

AssignPro Solution (assignprosolution.com) provides one-to-one academic tutoring that includes referencing guidance across APA 7, AGLC 4, Vancouver, Harvard, and IEEE. Support is available to all students regardless of which Australian university they attend, and all sessions are delivered online.

Service	What It Addresses
APA 7 Referencing Review	Check your reference list and in-text citations against APA 7 rules before submission
Referencing Style Conversion	Convert existing references between styles (e.g. APA 6 to APA 7, or Harvard to APA 7)
Academic Writing Coaching	Integrate referencing naturally into analytical writing — not just technically correct, but scholarly
Assignment Planning	Structure your argument, develop your thesis, and plan your source use from the start

Correct referencing is a learnable skill. One session with a specialist who knows APA 7 thoroughly eliminates the pattern of recurring errors that cost marks across multiple assignments. Visit assignprosolution.com to book.

19. Frequently Asked Questions

Q1. Does my Australian university use APA 6 or APA 7?

As of 2026, all Australian universities that require APA style use APA 7th edition. APA 6 was retired when APA 7 was published in 2019, and Australian universities transitioned to APA 7 between 2020 and 2022. If your unit outline says 'APA' without a version, it means APA 7.

Q2. Do I need to include a DOI for every journal article?

Include the DOI whenever one is available. Most peer-reviewed articles published after 2000 have a DOI. Use the format <https://doi.org/10.xxxx> — not the older 'doi:' prefix. If no DOI exists, include the URL of the journal homepage or article page.

Q3. Do I need to include the date I accessed a website?

Only if the content is likely to change over time — such as social media posts or wikis. For stable sources such as journal articles, government reports, and most institutional webpages, no access date is required in APA 7.

Q4. How do I cite a source I found through a university database like ProQuest or JSTOR?

Do not name the database in your reference unless the source is only available through that specific database (such as a thesis). For journal articles found through any database, include the DOI if available, or the journal homepage URL if not. You do not write 'Retrieved from ProQuest'.

Q5. How do I cite a source that has no author?

Use the title of the work in place of the author name. Italicise the title if it is a book or report; put it in quotation marks if it is an article or webpage. In-text: (Title of Work, Year). In the reference list, alphabetise by the first significant word of the title.

Q6. How do I cite a source that has no date?

Use 'n.d.' (no date) in place of the year. In-text: (Smith, n.d.). In the reference list: Smith, J. A. (n.d.). Title of work. Publisher.

Q7. What is the difference between a reference list and a bibliography?

In APA 7, a reference list contains only sources cited in the text of your assignment. A bibliography may include additional sources consulted but not cited. APA style uses a reference list — not a bibliography. Only include sources you have actually cited in your text.

Q8. Do I need to include the publisher's location in APA 7?

No. APA 7 removed the requirement for publisher location. In APA 6, you would write 'New York, NY: Publisher.' In APA 7, write only 'Publisher.'

Q9. How do I cite a source with 21 or more authors?

List the first 19 authors, then an ellipsis (...), then the final author. Do not write 'et al.' in the reference list for 21+ authors — that rule only applies to in-text citations.

Q10. Can I use Zotero to generate my APA 7 references?

Yes, and Zotero is highly recommended for managing references. However, always manually check Zotero's output against the APA 7 rules. Reference managers produce errors — particularly with capitalisation, DOI formatting, and author names. Never submit Zotero-generated references without checking them.

20. References and Further Reading

- American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). <https://doi.org/10.1037/0000165-000>
- American Psychological Association. (2024). APA Style: Reference examples. <https://apastyle.apa.org/style-grammar-guidelines/references/examples>
- American Psychological Association. (2024). How to cite ChatGPT. APA Style Blog. <https://apastyle.apa.org/blog/how-to-cite-chatgpt>
- Monash University Library. (2025). APA 7th edition referencing guide. <https://www.monash.edu/library/help/referencing/apa>
- RMIT University Library. (2025). APA 7th edition referencing. <https://www.rmit.edu.au/library/referencing/apa-7th-edition>
- University of Melbourne. (2025). Referencing and citation styles — APA 7. <https://library.unimelb.edu.au/recite>
- University of New South Wales. (2025). APA 7 referencing guide. UNSW Library. <https://www.library.unsw.edu.au/research/referencing-citation/apa-7th>
- University of Queensland Library. (2025). APA 7th edition guide. <https://guides.library.uq.edu.au/referencing/apa7>

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